

# OLBR BREAKFAST MAY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
3 GRAB AND GO	4 GRAB AND GO	5 GRAB AND GO	6 GRAB AND GO	7 GRAB AND GO
10 GRAB AND GO	11 GRAB AND GO	12 GRAB AND GO	13 NO SCHOOL	14 GRAB AND GO
17 GRAB AND GO	18 GRAB AND GO	19 GRAB AND GO	20 GRAB AND GO	21 GRAB AND GO
24 GRAB AND GO	25 GRAB AND GO	26 GRAB AND GO	27 GRAB AND GO	28 NO SCHOOL
31 NO SCHOOL				

Breakfast is offered daily

**1% white or skim milk is offered with each breakfast in a 1 cup serving. Fruit is offered daily as 100% Fruit Juice, fresh, frozen or canned in ½ cup portions. Cheese cube or stick or graham cracker available each day.  
For a complete breakfast you must take at least 3 of the offered components and at least 1 *MUST* be fruit.**

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# OLBR LUNCH

# MAY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>A: CHICKEN FINGERS</b> <b>B: PBJ</b>  <b>VEG. BEANS, RICE</b>	<b>4</b> <b>A: TACO</b> <b>B: TURKEY SANDWICH</b>  <b>SALSA, CORN</b>	<b>5</b> <b>A: PASTA &amp; MEATBALLS</b> <b>B: PBJ</b>  <b>SALAD, GARLIC BREAD</b>	<b>6</b> <b>A: BREAKFAST FOR LUNCH</b> <b>B: TURKEY SANDWICH</b>  <b>DICED POTATOS, DRAGON PUNCH</b>	<b>7</b> <b>A: CHEESE PIZZA</b> <b>B: PBJ</b> <b>C: TURKEY PEPPERONI PIZZA</b>  <b>SALAD, CUCUMBERS, DIP, YOGURT</b>
<b>10</b> <b>A: CHICKEN PATTY</b> <b>B: SPICEY CHICKEN PATTY</b> <b>C: PBJ</b>  <b>RICE, VEG. BEANS</b>	<b>11</b> <b>A: TACO</b> <b>B: TURKEY SANDWICH</b>  <b>SALSA, CORN</b>	<b>12</b> <b>A: TURKEY CORN DOG</b> <b>B: PBJ</b>  <b>DICED POTATOS, DRAGON PUNCH</b>	<b>13</b>   <b>NO SCHOOL</b>	<b>14</b> <b>A: CHEESE PIZZA</b> <b>B: PBJ</b> <b>C: TURKEY PEPPERONI PIZZA</b>  <b>CUCUMBERS, DIP, YOGURT, SALAD</b>
<b>17</b> <b>A: CHICKEN FINGERS</b> <b>B: PBJ</b>  <b>VEG BEANS, RICE</b>	<b>18</b> <b>A: TACO</b> <b>B: TURKEY SANDWICH</b>  <b>SALSA, CORN</b>	<b>19</b> <b>A: BAKED CHICKEN</b> <b>B: PBJ SANDWICH</b>  <b>GREEN BEANS, MASHED POTATOS</b>	<b>20</b> <b>A: PASTA &amp; MEATBALLS</b> <b>B: TURKEY SANDWICH</b>  <b>SALAD, GARLIC BREAD</b>	<b>21</b> <b>A: CHEESE PIZZA</b> <b>B: PBJ</b> <b>C: TURKEY PEPPERONI PIZZA</b>  <b>CELERY, DIP, YOGURT, SALAD</b>
<b>24</b> <b>A: CHICKEN PATTY</b> <b>B: SPICEY CHICKEN PATTY</b> <b>C: PBJ</b>  <b>DICED POTATOES, VEG. BEANS</b>	<b>25</b> <b>A: TACO</b> <b>B: TURKEY SANDWICH</b>  <b>SALSA, CORN</b>	<b>26</b> <b>A: TURKEY CORN DOG</b> <b>B: PBJ</b>  <b>MAC AND CHEESE, GREEN BEANS</b>	<b>27</b> <b>A: BAKED CHICKEN</b> <b>B: TURKEY SANDWICH</b>  <b>MASHED POTATOS, CARROTS</b>	<b>28</b>   <b>NO SCHOOL</b>
<b>31</b>   <b>NO SCHOOL</b>				
<b>* PEANUTBUTTER AND JELLY OR TUNA SANDWICH AVAILABLE EVERYDAY</b>	<p>Fruit is offered daily in a minimum of ½ cup servings and may be fresh, frozen, 100% juice or canned. Vegetables are also offered in ½ cup portions (1 cup for leafy greens) unless otherwise noted. Serving sizes for Grains are 1-2 oz.</p> <p>All meals include 1% white or fat free white, fat free chocolate, fat free strawberry</p> <p>Condiments are 1-2 TBS</p> <p>1 oz. of Bread is available when a Main Lunch item does not include it</p> <p>A complete lunch <b>MUST</b> include at least 3 components and 1 or the components <b>MUST</b> be a fruit or vegetable. Peanut butter and jelly sandwich available everyday.</p>			